

The Lord's Prayer & My Work

The Lord's Prayer is the most prayed Christian prayer in human history. Though it is so familiar and likely something we have committed to memory, we may not have slowed down with the prayer reflectively to see the ways it shapes our work. The prayer asks us to submit the attitudes, beliefs, and practices of our immediate professional life to the deeper reality of God's invisible but tangible Kingdom on earth.

For each phrase of the Lord's Prayer, reflect on how it relates to you as a worker and to the specifics of your work right now. Then consider how, when, and where you could incorporate praying the Lord's Prayer into your workday or work week.



Our Father, who art in heaven,

hallowed be your name,

your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our trespasses

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.